

SELF-CHECKING LIST

1. STRUCTURE OF THE ARTICLE

Type

- Review article
- Empirical Research article
- Theoretical /essay article

Authors information

- A The identification of the authors with their name, qualifications, category professional, institution where they work, telephone contact and ORCID.

Title

- Write in portuguese, english and spanish.
- Maximum 12 words.

Abstract

- Write in portuguese, english and spanish.
- Includes description of sections: Background, objectives, methodology, results and conclusion.
- Maximum 200 words.

Keywords

- Maximum 4 keywords in portuguese, english and spanish.
- Transcribed according to the MeSH descriptors (<http://www.nlm.nih.gov/mesh/MBrowser.html> and/or <http://decs.bvs.br/>).

Text formatting

- The text presents a structure with all sections, as described in the Journal, depending on the type of article
- It is in A4 Word format, justified, Calibri font, size 11, space 1.5.
- It is written without semantic and morphological errors and in coherence with the spelling agreement.
- No bold and underlined, no font variations, color backgrounds.
- Maximum 15 pages.
- No footnotes.

Tables and figures

- They are only necessary for understanding the article.
- Tables with title in header and figures with the title in the footer according to the APA style.
- The presentation of data, results and the format of statistical language symbols must be clear.
- They are numbered in order of inclusion in the text, according to each type.
- The figures are legible and indicate the source (the format must be in JPG or TIF and have a minimum resolution of 200 DPI).

Quotes

- All authors cited are listed in the bibliographic references.
- All literal quotes and paraphrases comply with the American Psychological Association (APA) standards.

References

- They were prepared according to the APA standard.
- Maximum 20 references (except review articles).
- Allows the publication of the most representative publications of the “state of the art” of the subject under study (preferably from the last 5 years).
- Reference of an article published in RIIS Journal.

2. ARTICLE SUBMISSION PROCEDURES

- Registered on the RIIS Journal platform <https://www.riis.essnortecvp.pt>
- Send the documents:**
- Complete article.